



Welcome to Our Lady of Perpetual Succour – Donnybrook Deanery – 15th February 2026 – Sixth Sunday in Ordinary Time

Email: secretary@foxrockparish.ie Phone: 012893492 – Parish Office Hrs.: 10.30am to 12pm (Mon, Tue, Wed, Thurs, Fri.)

Very Rev. Philip Bradley PP, Phone: 012891297|Fr. Paul Kenny CC| – Webcam via Parish Website [Webcam – Foxrock Parish](#) (Registered Charity No. 20016166)

Relationship Health Check

In advance of their annual collection, Accord Dublin/Relationship Care established a campaign for a **Relationship Health Month**.

This inaugural year the focus is on relationship distress, early intervention and prevention by helping to break the stigma around relationship therapy. The aim is to encourage everyone in need to reach out for a **free Relationship Health Check**.

It runs for February (the clock is ticking!). Prevention is always better than cure. Jenifer Griffen (CEO of Relationship Care) says *'Early support for relationships strengthens connection and prevents the strain that can affect couples and families alike. You do not have to be in a crisis to seek out relationship therapy.'*

It's a supportive consultation appointment provided by The Couple Therapy Centres' experienced relationship professionals. It is designed to help people reflect on how their relationships are functioning, whether they are thriving, facing challenges, or simply navigating change.

It's open to everyone, single, dating, as a couple, or as one part of a couple! Sessions explore areas such as communication, conflict, intimacy, parenting challenges, without the need to wait until relationship issues become relationship crises. visit: <https://relationshipcare.ie/counseling/>

Fr Philip PP (A stitch in time....)

The Foxrock Conference of **St. Vincent de Paul** thank you all most sincerely for your continuing generous support. Your donations are greatly appreciated.

There will be Mass in Foxrock Parish on Ash Wednesday, 18th February 2026 at 10.00am

This Weekend we welcome the children, and their families, who are preparing for **First Holy Communion** and **Confirmation**. We keep them in our prayers.

The annual **Relationship Care/ACCORD Dublin** collection takes place this **Weekend, 14th/15th February**. It will replace the Share collection at Masses.

Baptised and Sent, This Lent.

Our joint Lenten programme will take place on Feb 24th, March 3rd & 10th 7.30. One hour Sessions, Newtownpark Church. All welcome. **Fr Philip**

MINDFULNESS COURSE

How to Be a Calmer Happier You!
Foxrock Pastoral Centre, Starts February 24th & 26th, Tuesday Evenings 7pm - 8.30pm OR Thursday Mornings 10am - 11.30am
7 WEEK COURSE

includes Mindfulness Day Retreat (Sat/Sun)
To Book / Enquire: ph. 083 8166800
email info@mindfulnessatsource.com

Join the Missionaries of **The Sacred Heart** Pilgrimage to Fatima from the 22nd to the 26th September 2026 ex Cork and Dublin. Spiritual Director Fr Joe McGee, MSC. For more details ring Karen in Barbers Travel or email kcallaghan@travelnet.ie

We are still recruiting for the **Parish Choir** and all are welcome, especially Tenors or Basses.

Emmaus Scripture School is running a free lunchtime book club online for women, beginning Thursday, 19th Feb through 19th March. The sessions will be on Zoom from 12-12:50pm GMT. To sign up and for more info, visit womensbookclub.eventbrite.ie

Escorted Tour to Westport, Knock & Co Mayo, 08th March 2026. €699.00 pps. Price includes return train, 5 nights' in 4* Castlecourt Hotel, Westport with Dinner, Bed & Breakfast. Lunch on three days. All entertainment, excursions and transport included. Visit Knock, Ballintubber Abbey, Fr. Peyton Centre, Kylemore Abbey, Croagh Patrick. Single supplement on Enquiry. Contact 094 900 6426 or 087 1890 236 or email knockpilgrimages@gmail.com

THE DIVINE MASTERS CENTRE, Newtownpark Avenue.

Edel Quinn Holy Hour, the 2nd Thursday of each month from 7.30pm – 8.30pm.

Totus Tuus 2026 Fatima Pilgrimage

The Totus Tuus annual pilgrimage to Fatima will take place from 28th August to 4th September. Learn about the Fatima Message, the Rosary, the First Saturdays, the lives of the three visionaries, and visit the tomb and home of Blessed Alexandrina Da Costa, who lived solely on the Eucharist for 13 years. The cost is €915 which includes, flights, half board accommodation, airport transfers, day trip to Balasar, trip to Valinhos and Adjustrel, trip to the Irish Dominican Sisters' Convent. There are places available to fly from Cork Airport, and also from Dublin Airport. Limited places are available. For more information call Damien on 087 20 49 048

We will be counting attendances at all Masses for the next number of weeks. You may see volunteers moving through the church from time to time counting parishioners. Thank you for your understanding.

Foxrock Parish Pastoral Council.

In Ireland today, over 45,000 people live with epilepsy. For further information, please visit www.epilepsy.ie. **Purple Day** (or Epilepsy Awareness Day) will take place on Thursday 26th March.

MASS INTENTIONS

Saturday 14th February 6pm Vigil:

Patricia McWilliams – 2nd Anniversary
Tilly McMeel – Anniversary
Paddy Feeney - Anniversary

Sunday 15th February 10am:

Ailbhe Fitzsimons – 1st Anniversary
Tom McCarthy – 1st Anniversary
Leo Gilligan – 18th Anniversary
Julianne (Sheila) Finucane – 56th Anniversary
Maureen & Julian Fitzgerald – Wedding Anniversary (LIVING)

Sunday 15th February 11.30am:

Noel Hughes – 1st Anniversary
Myles Walsh – 5th Anniversary
Deirdre Burke Coghlan – 8th Anniversary
Romana Carolin – Anniversary
Shane O'Neill – Anniversary
Maud Flood - Anniversary

Anam Cara are hosting an online Bereavement Information Evening for bereaved parents-- regardless of the age of their child, circumstances of their death, or time since bereavement. This event will take place online on Tuesday 17th February at 7pm. Bereaved parents are warmly invited to register here: [Register here for Anam Cara Online Bereavement Information Evening](#)

If you would like more about the services we offer please email us at info@anamcara.ie or call 085 288 8888.

***See Parish Website for more information.**

Mass: Mon, Tue, Thurs & Fri @ 10am - **Sat Vigil 6pm** - **Sun 10am & 11.30am Confession:** 5.20-5.50pm on Saturday in Confession Box or by Appointment.